

Local partners

The Resilience Centre works closely with other Jerusalem Foundation partners, including:

- *Ein Yael* and its *Yaelim Nature Therapy Centre*, a pioneer in nature-based psychotherapy as a therapeutic resource for at-risk populations and now, individuals and families who have experienced serious trauma.
- *Muslala* and *Hamiffal*, two leading cultural and art institutions in the city that provide healing spaces and activities for all in need, including evacuees from the north and south, and Jerusalem families.

The program combines structured workshops and an open art studio for all ages, prompting creativity through varied art disciplines,

accompanied by local artists and therapists to support visitors.



How to support

You can make a donation to The Jerusalem Foundation of Canada. Your gift will be tax deductible.

Donate online via this link:
<https://donate.stripe.com/9AQ02teNJgCa2pacMS>

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THE JERUSALEM FOUNDATION OF CANADA
LA FONDATION DE JERUSALEM DU CANADA
הקרן לירושלים קנדה صندوق القدس كندا



The Resilience Centre in Jerusalem

A comprehensive response to trauma following October 7th





About us

Since the devastating atrocities of October 7th and the ongoing war, the impact on the mental health of Israelis has been profound and far-reaching. The need for extensive trauma treatment in Israel has never been more relevant and urgent.

The Jerusalem Foundation began addressing trauma and pain in the immediate aftermath of the conflict. As the war has continued, its response has evolved to meet the long-term needs of Jerusalem's diverse communities.



Estimates suggest that the attack and its repercussions could result in over 500,000 people in Israel facing psychological issues, including stress, anxiety, and predominantly PTSD. Many will need varying levels of therapeutic support to restore normal functioning.

The Jerusalem Foundation established and runs **The Resilience Center in Jerusalem**. With your donation, they can treat more patients and expand their operations to support hundreds more in need.



The Resilience Centre is dedicated to a comprehensive approach to trauma therapy with a variety of treatments including new methods employing ketamine and other available therapeutic options.

The Jerusalem Foundation supported the first practical training of its kind in the country on Ketamine Assisted Psychotherapy for mental health practitioners, including psychiatrists, social workers, psychologists, and other specialized therapists.

The Resilience Centre is based in Jerusalem but treats those in need from all around the country.

